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Dear parents and carers,

Sports Relief 2018

Sports Relief this year will run from 17th – 23rd of March. As a school, we will be doing our part to raise some much needed funds and join the cause. We have organised a program of events that we hope that everyone will enjoy.

Firstly, we have set a whole school challenge to 'Walk the Diameter of the World', 7,917 miles/ 12,742 km/ 15,834,000 steps. We have ordered a pedometer for each student and will be setting a target of 10,000 steps a day. This equates to roughly 5 miles/8 km. With everybody on board, we are positive we can do it.

Other events will include:

- some of the teachers will be delivering the PE session for their class
- Daily exercise 'bursts'
- Miss Elkington will be delivering a childrens yoga session on Thursday morning

Friday the 23rd will be the main day for Sports Relief. On this day we invite all children and staff to don their sports gear and contribute a pound.

In the morning, from 8.45am to 8.55pm, Mr Hannon will run a quick morning exercise session in the KS2 playground. All children, parents, carers and staff are welcome to participate. It should be a nice way to start your day.

All classes will be set a challenge to 'keep it moving'. For a set time this will need to keep something moving. We are sure there will an interesting variety of challenges here.

We will look to end the day with a staff versus students match. May the best team win.

Please ask your children to send donations to the office or alternatively we have set up a donation page:
<https://my.sportrelief.com/sponsor/rollscrescent>.

We look forward to everyone's support.

Kind regards,

Mr Hannon

PE – Leader

