

Information & Activities



Every day,
15 young
children are
admitted

into hospital because it's
thought they've swallowed
something poisonous*

The following advice and activities aim to reduce the risk of accidental poisoning in your child.

Elfie was thirsty rhyme

Elfie was thirsty and
wanted a drink.

Went under the sink
and didn't think.

Saw a bottle on the
shelf,

Didn't ask but helped
him self.

Yuk, his mouth is
feeling sore

That's not a drink, it
cleans the floor.



Talk to your child about Elfie helping himself to a drink. Do they think that was safe?

Do they understand how Elfie was hurt (he drank something that was dangerous)? Talk about what you would like your child to do if they are feeling hungry or thirsty (ask one of the grown-ups to help them get a drink or something to eat). **Think about where you store cleaning products (& medicines) in your home.**

When you have completed the other activities on this sheet help your child to colour in and safely cut out Elfie bear. Use him to say/sing the Elfie rhyme.

*Child Accident Prevention Trust (CAPT) 2015

Word Search



Keep all medicines and chemicals in a ----, locked ----- in the kitchen.

The most common cause of suspected poisoning in children under the age of ---- is from -----.

"Child resistant" caps are not "child -----." Some children can ---- them in seconds!

Avoid ----- your child's medicine is a sweet, even if it's hard to get them to take it. This can be confusing for children.

Small ----- like to copy adults, so try to take any medicines when your child isn't watching.

First aid: If you suspect that your child has swallowed something poisonous do not make them ----. Seek ----- advice and tell or show this person what you think your child has taken.

r	a	l	a	c	i	d	e	m	e
a	d	r	a	o	b	p	u	c	i
p	r	e	t	e	n	d	i	n	g
y	f	c	h	i	l	d	r	e	n
f	q	e	g	k	c	i	s	h	e
o	i	p	u	a	f	o	o	r	p
i	b	v	t	z	k	v	l	x	o
z	e	o	e	u	h	i	g	h	w
s	m	e	d	i	c	i	n	e	s
x	o	c	i	u	y	n	d	j	m



@ManchesterELFS

ELFS funding update

As some of you will be aware, from our last edition of ELFS Information & Activities (New Year 2015), Manchester City Council had tough budget decisions to make in this financial year (2015/16). ELFS (Early Learning for Safety) was one of the "at risk" programmes.

There was strong support for ELFS to continue in local primary schools and children's centres. Many thanks if you responded to the Council's budget options, stating why you thought ELFS should continue to be funded. **Our budget for this year has been cut but we are still operational. We will be updating schools and centres over the coming months about the changes that we will need to make to ELFS as a result of the cuts.**

The dangers of liquid detergent capsules

Children like the bright colour of these capsules, and bite or squeeze them, causing **injury to their eyes, mouth and throat and/or poisoning.**



As with all medicines, cleaning and e-cigarette products, please keep these capsules out of the sight and reach of small children.

Keep e-cigarettes and their refills out of the sight and reach of small children

Just a tiny amount of **nicotine can kill a child** and in its liquid state can easily be swallowed.



Please pass this information and activity sheet on to as many parents/carers of 3 – 5 year old children as possible

Word Search Answers: high, cupboard, five, medicines, proof, open, pretending, children, sick, medical

Information & Activities

Button batteries aren't just a choking risk. Swallowing a button battery can have the same effect as drinking drain cleaner!



Button batteries are found in lots of everyday objects that children love to play with – car key fobs, remote controls, watches, children's books and toys.

Check your home for button batteries and put them, including any spare batteries, out of the sight and reach of children.

Visit CAPT at: www.capt.org.uk for further information and safety advice on button batteries.

Some further safety advice from www.capt.org.uk



When you are **visiting relatives or friends** check for medicines and cleaning products that may be lying around.

Plants in the garden can be dangerous too. **Teach your child not to eat anything that they pick outside.**



ELFS web pages

www.cmft.nhs.uk/education-and-training/health-education-interventions/elfs