

SPRING 2015

ELFS News

ELFS. (EARLY LEARNING FOR SAFETY)



Funding update – Child Accident Prevention Education

As many of you will be aware from our last edition of ELFS News (New Year 2015), Manchester City Council (MCC) had tough budget decisions to make in this financial year 2015/16. **Child Accident Prevention Education (Injury Minimization Programme for Schools (I.M.P.S.) & Early Learning for Safety (ELFS))** was one of the “at risk” programmes.



www.cmft.nhs.uk/education-and-training/health-education-interventions/elfs

There was strong support for both I.M.P.S. & ELFS to continue in MCC schools and children’s centres. Many thanks to those of you who responded to MCC budget options, stating why Child Accident Prevention Education, in the form of I.M.P.S. & ELFS, should continue to be funded locally. **Our budget for this year (2015/16) has been cut but we are still operational! This newsletter will outline the changes that we plan to make to the service as a result.**

www.impsweb.co.uk



www.cmft.nhs.uk/education-and-training/health-education-interventions/imps

ELFS Teacher Resources – What your green book bag should contain:

- **ELFS Teacher Resource Pack** (including CD affixed to back page) & **Little Elfie** (wearing an Elfie T-Shirt)
- **Clear wallet - Week 1** containing the following activity:
This is Elfie rhyme
- **Green wallet - Week 2** containing the following activities:
Falls lotto boards with accompanying cards & Falls rhymes
- **Deep blue wallet - Week 3** containing the following activities:
Pairs game, Elfie's Friend Aliah story book & Accidental Poisoning and Choking rhymes
- **Pink wallet - Week 4** containing the following activities:
Hot snap game & Fires, Burns and Scalds rhymes
- **Light blue wallet - Week 5** containing the following activities:
Dominos game & Cuts and Sharp Things rhyme
- **Purple wallet - Week 6** containing the following activities:
Safe and unsafe water activity pictures for discussion & Prevention of Drowning rhymes

If any of the above is missing from your pack then please contact us to order replacements

Future information and correspondence from ELFS

As a result of funding cuts all future correspondence (Newsletters, Information & Activities, Opt-in Letters, Allocation of Visit Packs etc) **will only be sent electronically**. This will allow us to save on printing and postage costs.

Child Safety Week 2015 Theme: “Tea-time Terrors!”



Child Safety Week is an annual campaign run by the Child Accident Prevention Trust (CAPT) to raise awareness of the risks of child accidents and how they can be prevented.

The 2015 theme focuses on accidents that can happen at tea-time, when parental pressures are at their peak.

Discussion ideas from CAPT include:

- Burns from cookers or scalds from spillages that happen while parents are distracted.
- Poisonings from oven cleaner, or other hazardous household products left in the shopping bag on the floor.
- Road accidents caused during the busy home time chaos.

Visit: www.childsafetyweek.org.uk

**for further information and/or to
download the ideas booklet.**

ELFS Extras*

As a result of recent funding cuts our allocation criterion will become more stringent. We will also look at previous uptake of workshops etc within your school or centre, and ask you to prioritise which “extra” is the most important for your school or centre and why.

* Workshops (parent/carers and children's) and the ELFS Activity Book

Feedback from some of our existing schools & centres

When asked: Do you feel that participation will change the children's and/or parent's/carer's knowledge, attitudes and beliefs about safety?

"Yes - The courses have heightened awareness for children, parents and staff. The cause of accidents & hazards was well explained and tailored to both audiences. All activities are practical/hands on as well as being informative. Excellent. We look forward to your visits!"

St Margaret Mary's RC Primary School - Jan 2015

"Yes - It makes the children more aware of safety in the home and outside."

**Seymour Road Academy
Jan 2015**

"Yes - By increasing their awareness of health and safety issues and what they can do to prevent accidents."

Varna Community Primary School - March 2015

"Yes - Good information about how to keep safe."

**Rolls Crescent Primary School
Jan 2015**



@ ManchesterELFS

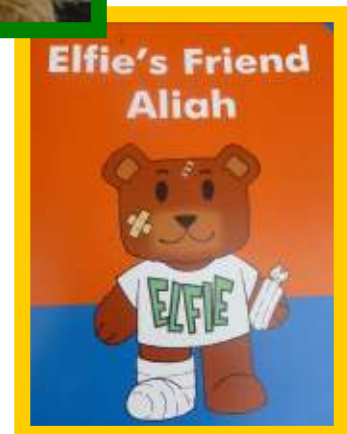
ELFS Extras - What the hospital health educators cover in the children's workshop

- Talking about (& dressing the children up as) professionals who help to keep us safe and well.



- Prevention of common accidental injuries (using our injured Elfie bear).

- What might happen if they need to visit a Children's Emergency Department if they are injured (Elfie's Friend Aliah story).



It really helps us to effectively deliver the children's workshops if we can have a separate room, or area away from the main activity of the class, and an adult who knows the children sitting in.

ELFS parent/carer workshop

Schools/centres need to sign up at least 10 parents/carers to be considered for this.

We ...

- Discuss **health services that are available in the event of ill health or injury** (promotion of the NHS *Choose Well* campaign).
- Provide an Opportunity to **watch and discuss the RoSPA Safe at Home DVD.**
- Demonstrate and talk about **how to manage serious bleeding, choking and the unconscious casualty.**
- Assist and encourage parents/carers to **practice resuscitation techniques (chest compressions and rescue breaths)** on baby & child/adult manikins.

It's **informal and interactive** and parents/carers get a small "goody bag" containing **information and resources to help prevent some of the more serious, common accidental injuries in 3 to 5 year olds**

You can contact ELFS as follows:

Email: elfs.prevention@cmft.nhs.uk

Tel: 0161 276 6955/8801

Fax: 0161 276 6925



Parent/carer workshop comments to: "What was the most important thing that you learned"?

"How to deal with emergencies & the different websites there are for advice. Everything was useful."

**Northenden (Sale Road)
Sure Start Children's Centre
March 2015**

"Choking and CPR process. Help in the community from pharmacy. Well demonstrated, relevant and interesting. Thank you"

**New Islington Free School
Jan 2015**

"Keeping a safe environment. What to do in various incidents and to keep calm. Extra confidence if something was to happen what to do."

**Varna Community Primary
School - March 2015**